Dr. Klaiman
A life-long passion for dentistry

Smile when it’s -45°? You bet!
PA treks to the North Pole

Glen Gonzalez
Hand crafting smiles
We know we’ve kept you waiting, but our latest issue of Inside PA brings with it the promise of lots of warmth and sunshine, in addition to the usual fun stories about the people who make PA so great. Finally, summer is on the horizon! Everybody at PA has been very busy the last few months, and we’re all thrilled to see the smiles of our patients brighten as the days get longer, and most importantly, warmer. Dr. Barzilay might be the most excited of all for some warm weather, with the memory of his recent trip to the North Pole still very fresh in his mind. Talk about an epic adventure! You can read all about it on page six.

In other very exciting news, our PA family has increased in size with the addition of Arven, who was born to Niloufar in May. We are also thrilled to congratulate Danielle on the impending arrival of her new baby. Although we’ll all miss her cheerful smile around the office, we couldn’t be happier for Danielle and her husband. In Danielle’s place during her maternity leave, we’re pleased to welcome Janeen Kerswill to the PA team. Be sure to stop by and introduce yourself to Janeen on your next visit!

The new season may bring many changes, but as always you can count on the whole PA family to serve you with the latest dental technology by the friendliest dental professionals. We’ve got your smile covered - now bring on patio season!
As with any team, the players behind the scenes are as important to the success of the group as the people on the front lines. Nowhere is this more apparent than here at PA, where dedicated team members like Laboratory Technicians work to build your best smile. One of our key technicians, Glen Gonzalez, brings his expertise in crafting prosthetic teeth to our patients. Knowing he’s making a difference in people’s lives is enough to keep him excited when he comes to work each and every day.

“Of course it also doesn’t hurt that I get to work with my wife, Mariela!” Glen grins. “When I say ‘PA is family’, I mean it in a few ways.”

Glen was born and raised in Canada, eventually choosing to study Dental Technology courses at George Brown. “I was working as a shipper/receiver at a printing company when Dr. Barzilay gave me the opportunity to learn this career,” Glen shares. “It was the right decision for me and PA. And I’ve never looked back.” Indeed, Glen is always looking with excitement to the future – both for himself, as well as the field of Prosthodontic Dentistry. “I believe Digital Technology is going to transform Prosthodontics, so it’s great to be at PA where we’re always on top of new technology.”

“Digital Technology is going to transform Prosthodontics so it’s great to be at PA where we’re on top of it.”

Away from work, Glen is a family man through and through. Whether he’s relaxing on a beach or exploring new countries, he can only imagine spending that time with his wife and daughter. “They mean the world to me,” Glen says. With a laugh, he adds “I don’t even mind watching Hannah Montana because it’s time spent with my daughter.”

Glen hopes to pass on the same core value to his daughter that his parents encouraged in him: with hard work, you can achieve anything you put your mind to. “I’m a prime example of that, because I came into this practice with no knowledge of dentistry and now I make prosthetic teeth for patients. I know that what I do doesn’t just improve smiles, it changes lives. It’s an amazing feeling.” That’s the incredible thing about PA – it transforms the lives of patients and employees alike.
Dr. Howard Klaiman
A passion for life (and teeth!)

Even from a young age it was clear that Dr. Howard Klaiman had a knack for teeth. In the sixth grade, when asked to write a three page report on a subject that interested him, Howard turned in one hundred pages about teeth! “Of course,” laughs Dr. Klaiman, “I still have the report at home. I guess you could say that’s where it all started!” This strong work ethic, evident very early on, was instilled in Dr. Klaiman by his number one childhood hero – his father.

Arriving in Canada in 1955 along with his brother, after escaping the Holocaust, Dr. Klaiman’s father began his own family in Bathurst Manor. Because of his father’s strong influence, encouraging him both to focus on his studies and develop other talents, Dr. Klaiman possessed an unrelenting desire to succeed in his own professional life. That dedication, combined with the importance Dr. Klaiman places on nurturing personal relationships, is what leads his patients and loved ones alike to describe him, simply, as an incredibly caring individual. “Whether he’s treating a patient or spending time with his family, you always know you’re getting the best of Howard,” says Dr. Barzilay.

Of course, Dr. Klaiman’s pride in his work is outweighed only by the pride he feels for the family he started with Paula, his wife of twenty five years. Just ask him about his three daughters, Elysha, Marlee and Nicole, and with a bright smile and a sparkle in his eye, Dr. Klaiman will eagerly tell you all about their accomplishments. “My youngest daughter, Nicole, is a sixth grade student. At the moment, she’s torn between a future career as a veterinarian or a dentist. But she could handily write a one hundred page essay on either topic!” Dr. Klaiman beams. Nicole certainly has big shoes to fill; Marlee just completed her first year at Western and eldest sister Elysha is in the Architectural Program at Dalhousie University.

Together, Howard’s family loves to spend time at “Camp Klaiman”, the family cottage. There, Dr. Klaiman transforms from dental professional to camp director, happily teaching and leading his guests in any number of outdoor activities. And what a teacher to have! In the 1980s, not only was Dr. Klaiman a competitive water skier, but he was also the overall men’s champion in

“Whether he’s treating a patient or spending time with his family, you’re getting the best of Howard.”

SUMMER 2011 VOLUME 2 ISSUE 2
Ontario. He still thrives on outdoor adventure, including fishing, golf and tennis - but be warned, he takes his activities seriously! “Yes, it’s true,” Dr. Klaiman chuckles, “when people come to the cottage they know what’s in store for them at Camp Klaiman. Some of them beg for a double rest period!”

Not only is Dr. Klaiman an avid outdoorsman, he's also very comfortable with a tool box and a challenging project to complete. Without a doubt, the same attention to detail and incredible focus that makes him such a talented Prosthodontic specialist also makes him quite a skilled carpenter. Among his accomplishments are a sprawling tree house in the backyard willow tree, a playground, and a dollhouse - with working lights!

Among his mentors, Dr. Klaiman lists both Dr. Hart Levin, who encouraged him to pursue a career in Prosthodontics early in his dental career, and Jimmy Cutler, a man who taught those around him the gift of a good sense of humour. Dr. Cutler also introduced Dr. Klaiman to the cast of Toronto’s famous Second City comedy troupe, consequently inspiring Dr. Klaiman to expand his charitable efforts. “From my relationship with Jimmy I was able to foster relationships with many of the Second City stars, including Gilda Radner, who used to be a patient of the practice. After she died of cancer, the organization in her name, Gilda’s House, became an important part of my charitable involvement to the community.” Being involved in charity work has helped further nourish Dr. Klaiman’s sense of empathy and caring, which he has transferred to his professional life through his relationship with his patients.

A few PA memories from Camp Klaiman

The Klaiman clan - all smiles!
One of Dr. Klaiman’s more notable patients is former Second City cast member Eugene Levy. Over the years, Levy and Dr. Klaiman established a bond that extends outside of the office. After one of his visits, the two got to talking about how their skills could be combined. Eugene enlisted Dr. Klaiman to make him some unusual teeth for the movie ‘Best in Show’. Dr. Klaiman remembers, “He asked me one day if I could make funny teeth. I said to him that I usually try to make beautiful teeth, but asked how funny he would like them. Without hesitation, he said as funny as Mike Myers’ teeth in Austin Powers!” With those instructions in mind, Dr. Klaiman began his brief career as Special Effects Artist and created an overbite ridden set of chompers for Eugene to wear as his character Gerry Fleck. Want to see a familiar name on the big screen? Dr. Klaiman smiles, “If you ever have a chance to see the movie, which I highly recommend, watch the credits closely!”

There you have it! On top of Dental Expert, Family Man, Outdoor Adventurer and Occasional Carpenter, one can also add Hollywood Special Effects Artist to Dr. Klaiman’s already impressive list of accomplishments. It’s no wonder he’s considered such a treasure here at PA!

Your chance to win a gift from PA!
For what movie did Dr. Klaiman create a set of teeth? Send your answer to: guess@buildyoursmile.com. The winner will be drawn from all correct entries and will be announced in the next issue of Inside PA.

Profile Follow-up

“I was truly honoured to be the cover boy of the last issue of Inside PA. It makes me so proud to be a part of the PA family. Although it looks like we have skipped spring, I can’t complain as my favourite season is just about here. Patio season that is!

I am so looking forward to the summer, as I intend to take a couple of long weekends and travel to the States. Hopefully I’ll come back with inspiration for another painting. Of course, the summer wouldn’t be complete without a trip to Canada’s Wonderland. I am getting excited just talking about it! I hope everyone has a great summer and I look forward to seeing you in the office very soon.” - Stevvan Anderson

Congratulations to PV. from Toronto, who won the two sets of movie passes for correctly answering “Where did Stevvan attend high school?” The answer is Pembroke, Ontario.
Who’s on top of the world?
Dr. Barzilay treks to the North Pole

For most people, a vacation brings to mind thoughts of sunny beaches in tropical locales. But just ask Izchak Barzilay about the trip he took in April, and he’ll tell you why he left his bathing suit at home! Several years ago at a dental meeting, Izchak met with colleagues and fellow travel enthusiasts Drs. Bello and Rossopoulos. Together they often discussed places to which they dreamed of traveling, soon realizing they each longed to make the trek to the North Pole. Not long after this conversation the three doctors began the process of planning their adventure to the top of the world.

Simply organizing such an expedition is in itself no small feat, so the doctors enlisted the help of Polar Explorers, a company out of Chicago who specialize in northern expeditions. After adding a new member to their pack, Dr. Roberto Sanchez-Woodworth, the group decided they would make their way first from Canada to Norway. From there, they would complete the incredible journey to the North Pole.

Dr. Barzilay and his travel companions arrived April 1st in the beautiful city of Oslo, Norway to prepare for the grueling trip ahead. There, not only did their travel interests intersect, but their appetites as well. The next two days in Oslo were full of indulgence, as the doctors split their time between taking in their beautiful surroundings and bulking up on local cuisine at the finest restaurants in Oslo. The rumour is, at the end of each meal they ordered one of every dessert on the menu!

April 3rd marked the start of the final leg to the North Pole, flying to Longyearbyen (situated at the same latitude as the north end of Greenland), a surprisingly modern town of about 2000 people. In Longyearbyen the temperature was a balmy -30 Celsius, weather in which the doctors had to snowmobile for 3 long hours. Even though Izchak fell off his snowmobile once, the group successfully made it to their rest stop for a glass of wine, a wonderful meal, and some much needed sleep. The snowmobile adventure continued for another two days and ended in Longyearbyen for a well deserved gourmet meal and some excellent wine.

The next day the adventurers met their first obstacle. After three days of snowmobiling, word came in that the ice runway at the 89th parallel was shut down due to a crack in the runway, and they’d have to wait until the situation was
dealt with. Consolation came when they found out that even royalty was being inconvenienced by the closure - Prince Harry, there to complete a trek with wounded British soldiers, was also forced to wait for better weather to return from the Pole. Sadly, Dr. Bello’s schedule could not accommodate the delay. Unable to wait out the conditions, he was forced to depart for home - with every hope of returning with his family to complete the adventure.

After a three day wait, conditions improved and the group boarded a two and a half hour flight which brought them a mere 100 kilometres from their ultimate destination: the North Pole. They landed at Barneo, an ice camp set up each year for polar explorers, and prepared for the last push that would bring them to their goal. The doctors ended the trip not strapped to a snowmobile, but riding in style in a helicopter along with scientists and photographers. All three doctors could barely contain their excitement as their arduous weeks spent planning and preparing finally came to fruition.

Upon landing, the first point of action was to locate the actual pole. Because the North Pole is on ice it is constantly moving, so using GPS devices they searched for and finally found the geographic North Pole. For three unforgettable hours at the North Pole, the bold group spent time attempting to play golf, marking their expedition by planting flags and taking photographs, as well as excitedly calling home (and of course, the PA office too!) using satellite telephones. The doctors all wanted to let their families know how neat it feels to be facing south no matter what direction you’re facing, as well as bragging that with one circle around the Pole they had walked through all 24 time zones! Before they left, the group made sure to indulge in a celebratory drink, enjoying Aurora Borealis, the traditional drink of the North Pole. With drinks in hand, a combination of champagne, vodka and North Pole snow, a toast was in order to mark their extraordinary accomplishment. One grande adventure crossed off the bucket list! Many laughs were shared, and the triumphant team savoured every moment, feeling quite literally on top of the world. It wasn’t all fun and games, however. Educators until the end, the doctors presented a course while they were there, ‘Prosthodontics at the Pole’. It was attended by local dentists and set Dr. Barzilay’s record for the northernmost dental presentation ever given!

Bidding goodbye to their newfound friends, the three doctors thanked Rick and Annie from Polar Explorers for being amazing guides and for setting up such an incredible trip. With the unbelievable voyage to the North Pole complete, the team spent one last, reflective day in the high Arctic before making their way home to their families.

Many people dream of these kinds of adventures, but not many of us actually put our dreams into action. To have witnessed the progress of a seed of an idea to the eventual culmination of a once in a lifetime adventure was a monumentally rewarding experience for everybody involved. True to their adventurous spirits, the doctors walked away from their trip not with a sense of conclusion, but with anxious anticipation for their next great endeavor. Just wait ‘til you see where they go next…