

# INSIDE PA



Winter 2018

*"PA, in partnership with University of Toronto - Faculty of Dentistry, hosts the Inaugural International Dental Symposium in Kampala, Uganda."*

*Read more on page 4*



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## Important Announcement

### Our Build Your Smile Dental Foundation



The PA team is proud to introduce the Build Your Smile Dental Foundation – a non-profit division of Prosthodontic Associates.

Since 2014, the team at Prosthodontic Associates has volunteered with a Toronto based non-profit organization Bridge to Health Medical and Dental, traveling annually to the Kabale region of Uganda to provide dental services in the rural communities.

What began as a passion project had quickly grown in profound ways filling the entire team with inspiration, enthusiasm and a desire to expand our reach in helping those less fortunate. It is through this desire and the dedication of the PA team, that a vision of our own foundation was born.

The Foundation includes both local and international initiatives to provide dental care to underprivileged communities. Recently, the PA Team returned from Uganda after hosting the Inaugural International Dental Symposium - the first independent Uganda journey of the Foundation. In July 2019, the team will travel back to Uganda, for it's independent clinical outreach program.

We are continuing to grow and hope we can count on you to join us!



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## PUBLISHERS' MESSAGE



As the year slowly comes to a close, the team at Prosthodontic Associates can't help but reflect on what an amazing year it has been, full of learning, exciting celebrations, accomplishments and adventures.

In February, the PA team once again traveled to Uganda as volunteers with Bridge to Health Medical and Dental. This was PA's 5th mission abroad and preparations are already well underway for the 6th clinical outreach in 2019! Looking back at the brigades and the continued work in Uganda, fills the team with joy and pride as we continue to give back both internationally and within our own community.

PA's philosophy of sharing knowledge and experience played a big part throughout all endeavours of 2018! In May, Dr. Effie Habsha hosted the 8th Annual Women in Dentistry Symposium, where during a lecture series, a number of professional women, specialists in their fields, shared valuable information with their female colleagues. The event, as always, was a great success! So much so in fact, that by popular demand, a second event was added to the 2018 curriculum! The entire team looks forward to the future and the growth of Women in Dentistry!

This year, the PA team welcomed Innocent Tummussingize, a dental officer from Uganda. As the dental coordinator for Kigezi Health Care Foundation (KIHEFO), led by Dr. Geoffrey Anguyo, over the years, Innocent has not only provided crucial support to the Canadian volunteers during the missions, but has also become a very dear friend. Read more about Innocent's 1st journey out of Uganda on page 10.

Most recently, in November, PA hosted a 2-day educational symposium in Kampala, Uganda! In partnership with the University of Toronto, as well as various partners (both Canadian and Ugandan), the PA team successfully ran a lecture series at the Makerere University for 300 dental students and dental academics and professionals. Read all about the International Dental Symposium on pages 4-6.

PA is excited to see what the new year 2019 has in store and very much looks forward to sharing the journey with all of you! Happy Holidays – from all of us at PA!



# PA recently celebrated two very special anniversaries!

## Dr. Effie Habsha 20 Years!



Dr. Effie Habsha has been a vital part of Prosthodontic Associates since 1998! As a very passionate and skilled clinician, Dr. Habsha continues to make a tremendous impact in the dental world. She is a fellow of very distinctive organizations and societies including the Academy of Prosthodontics, Greater New York Academy of Prosthodontics and The Pierre Fauchard Academy. Dr. Habsha is also a Fellow of the Royal College of Dentists of Canada and holds the position of Examiner and Section Head for the Clinical Examination in Prosthodontics.

Passionate about sharing her knowledge and expertise, Dr. Habsha holds numerous academic positions with renowned educational bodies including University of Toronto, University of Rochester, George Brown College and the Mount Sinai Hospital.

Dr. Habsha serves as an on-staff prosthodontist for the MedCan Clinic and lectures both nationally and internationally on various prosthodontic topics.

**"It is truly a pleasure working with my wonderful patients and the team. I look forward to coming to work each and every day and am excited about what the future hold."**

*Says Dr. Habsha*

Dedicated to the empowerment of women, Dr. Habsha founded Women in Dentistry—an organization designed to bring women together to network, share and learn from each other's unique perspectives. This year, Women in Dentistry celebrated its 8th Anniversary and hosted a sold-out symposium!

Dr. Habsha is an integral part of the PA Team and very much looks forward to the next milestone alongside her patients and colleagues!

## Mariela Gonzalez 19 Years!



Mariela Gonzalez has been an integral part of PA since 1999! As the business manager, Mariela oversees all functions of PA and has worked diligently alongside Dr. Izchak Barzilay to realize a vision of a multidisciplinary, dental specialty practice.

Mariela continuously upgrades her knowledge in the field of dentistry and business management and is currently working towards her Human Resources Management Designation – Certified Human Resources Professional (CHRP). She holds a position of a George Brown College Technician, fulfilling a role of a program advisor. One of her passions is humanitarian work, both locally and abroad. Mariela is an active supporter and a volunteer with the North York Harvest Food Bank which provides critical aid to the less fortunate population of Toronto.

**"Our PA family is so important to me and whenever I think of all the unbelievable people and friends that I have made throughout the years I truly feel blessed and inspired by them all. Thank you Izchak (Dr. Barzilay) and the entire PA team for trusting me to help develop a vision that I have been so proud of."**

*Says Mariela*

Mariela has also traveled to Uganda, Africa as part of a humanitarian outreach brigade with Bridge to Health Medical and Dental delivering vital medical and dental care to impoverished, rural communities. As an in-country logistics coordinator, Mariela played a major role to ensure the mission's success.

Mariela remains committed to support the pro bono initiatives for many years to come and is excited for what the future at PA has to bring for her and her devoted team.

# Prosthodontic Associates and University of Toronto present **International Dental Symposium Kampala 2018**



Since 2014, Prosthodontic Associates has volunteered with Bridge to Health Medical and Dental, traveling annually to Uganda to provide dental services in the rural communities. The PA team has included Drs. Barzilay, Habsha, Chvartzaid, Behrooz and our assistants and administrative staff.

Sustainability and education are integral parts of the PA philosophy and in the spirit of dental education, the idea of an independent International Dental Symposium was born.

With the generous support of various sponsors and dental companies, as well as the dedication of our Ugandan partners including KIHEFO and the Rugaya Dental Clinic, the Symposium became a reality.

In November, PA's Dr. Izchak Barzilay, Cheryl Ferrer and Caroline Szymaniak, alongside Dr. Daniel Haas – Dean, Faculty of Dentistry and Dr. Chetna Mistry - brigade alumni, traveled to Uganda to host the inaugural international dental symposium in Kampala.

The symposium was held at the Makerere University College of Health Sciences in the capital city of Kampala and was attended by over 300 students representing six local schools in the region.







**Message from the Mayor**

It gives me great pleasure to extend greetings and a warm welcome to everyone attending the International Dental Symposium Kampala - 2018.

I commend the University of Toronto Faculty of Dentistry and Prosthodontic Associates for presenting this symposium and sharing their dentistry procedures, techniques and best practices with others in dentistry who can benefit from this knowledge.

On behalf of Toronto City Council, please accept my best wishes for an informative and enjoyable event.

Yours truly,

John Tory  
Mayor of Toronto



PRIME MINISTER - PREMIER MINISTRE

**Statement from the Prime Minister of Canada**

It is with great pleasure that I welcome you to this Inaugural International Dental Symposium, hosted by Prosthodontic Associates and the University of Toronto - Faculty of Dentistry.

We gather today to share knowledge and expertise in the field of dentistry, so that others may benefit from better services. By having events such as this, dental practices and procedures will continue to improve, and more people will be able to receive the service they need.



This Symposium is an important event, and I would like to thank the organizers and many volunteers for making it possible. To all in attendance, please accept my warmest welcome and best wishes for a successful Symposium!

Ottawa  
2018



Also, in attendance, were Deans of the respective schools, Administrators and Government Officials as well as members of the Ugandan media who were eager to report on this unique, first of its kind event.

Over two days, in a series of lecture presentations, several







dental topics were addressed including anesthetic methods, general sterilization, preventive and restorative dentistry, radiology safety, pharmacology, medical emergency management, digital dentistry and prosthodontics (including dental implants and dentures) and others.

The team remains committed to providing sustainable dental education to the communities of Uganda making the International Dental Symposium an annual event – in fact, the next one has already been scheduled for November 2019!







# Reach One Touch One Ministries

By special invitation, PA's Caroline presented a full day workshop titled "Business Essentials" to the administrative and management teams of Reach One Touch One Ministries (ROTOM). ROTOM is a humanitarian relief organization which operates in various rural areas of Uganda. It's main focus is to provide medical care to the vulnerable, elderly population including the elderly who raise their orphaned grandchildren.

As part of this new affiliation, PA has committed to provide critical dental services to the patients served by ROTOM as part of PA's next clinical outreach in July.



## PA Global Academic Grant- An Update

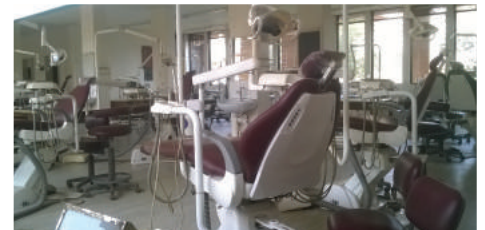
As some of you may be aware, in February 2018, PA introduced a new and exciting program-The PA Global Academic Grant. With the help of generous donations, PA is sponsoring a very deserving student through a 3-year Dental Officer Training Program.

The 2018 Grant Recipient is Tracy, due to her dedication, hard work and academic achievements, Tracy is the perfect candidate!

Tracy is enrolled at the Uganda Institute of Allied Health and Management Studies in Kampala in the first year of the three-year Dental Officer Program. Tracy continues to excel in her academic achievements and was recently chosen as Class Representative!

PA had the pleasure of catching up with Tracy during the International Dental Symposium and the team is extremely proud of this exceptional young woman.

PA is already in the early stages of the application and interview process for the 2019 Global Academic Grant Recipient. Should you wish to be involved and help support this amazing cause, please do not hesitate to contact us. PA very much looks forward to the bright future and the growth of the PA Academic Grant.







# PA Accomplishments

The amazing successes of Prosthodontic Associates over the years are largely due its phenomenal team of dedicated individuals who strive towards a common vision and long-term goals of the practice.

In this issue, we acknowledge some of the team's recent accomplishments!

Congratulations everyone!!!



**Dr. Izchak Barzilay** is the incoming president for the American Prosthodontic Society. The society's mission is to promote the advancement of prosthodontics through both education and research. Dr. Barzilay has been a member of the executive council for the society and is honoured to serve as the incoming president.



**Dr. Effie Habsha** was awarded Associate Fellowship in the Academy of Prosthodontics – a very high honour amongst dental specialists and very well deserved!



**Dr. Ryan Schure** – was chosen "Teacher of the Year" from the DDS class of 2018 (second year dental students) for his lectures in the periodontics didactic program.

Congratulations Dr. Schure!



**Dr. Elahe Behrooz** presented a poster outlining PA's research project in Uganda entitled "Oral Health Related Quality of Life in Rural Uganda" at the Canadian Society for International Health Symposium.

As an advisory board member for the Young Dentist Dental Journal, Dr. Behrooz not only continues her role as an editor she has also published a vast number of articles.



**Mariela Gonzalez** is working towards receiving her Human Resources designation (CHRP) through the Human Resources Professional Association of Ontario and has currently completed and received the Human Resources Management Certificate.

Congratulations Mariela!





**Caroline Szymaniak** was awarded a position on the Advisory Board for the Spectrum Young Dentist Dental Journal – she serves as both a section editor as well as a regular columnist. Caroline recently accepted a position as Ambassador of Alumni Relations at George Brown College.

Congratulations Caroline!



**Falamak Faizi**, one of PA's dental hygienists, recently accepted the position of Clinical Instructor at the Comprehensive Care Clinic for the 1st year dental students at the University of Toronto, Faculty of Dentistry.



**Lily Tran and Natasha Popova** – completed an intense course at the Toronto Implant Academy - When the Pictures Really Matter: The Most Comprehensive Dental Photography Course.



**Natalie Balogh and Henry Betancur** – completed the Occupational Health and Safety Officer Training Program – at PA, our team and patient safety always comes first!



**Laura Ruddock** completed her Certified Level II Dental Assistant Program at George Brown College and joined the PA team full time. Laura now serves on the George Brown Program Advisory Board.

Welcome back Laura!



Recently PA's Dr. Izchak Barzilay, Elyte Barzilay, Dr. Elahe Behrooz, Cheryl Ferrer, Mariela Gonzalez, Glen Gonzalez, Dr. Effie Habsha, Javier Lopez, Reefa Mcdoom and Caroline Szymaniak published individual articles in the Spectrum Dental Teamwork - Prosthodontic Edition Dental Journal.

Congratulations to the entire team!







# This year, PA had the privilege to host two very special guests from Uganda!



**Innocent Tumusiingize** – a dental officer and dental coordinator for Kigezi Health Care Foundation – KIHEFO

Innocent plays an integral role in the support of our volunteer team while in Uganda and was a big part of coordinating the International Dental Symposium in Kampala. Over the years, he has become a dear friend and it was PA's absolute honour to have him with us.



During his two weeks stay, Innocent participated in a vast number of dental education courses both at the Prosthodontic Associates Centre for Excellence and the University of Toronto.

The PA team did not miss an opportunity to show Innocent all the great Canadian hospitality has to offer! From the top of the CN Tower to a helicopter ride over Niagara Falls – Innocent and the PA team made memories to last a lifetime!



Dr. Geoffrey Anguyo is the founding member and the Executive Director of KIHEFO and has worked tirelessly for continued development of rural regions of Uganda. Dr. Anguyo is committed to his mission of fighting the cycle of disease, ignorance, and poverty in southwest Uganda while promoting economic development through an integrated and sustainable approach.

Dr. Anguyo visited PA in September where he gave a key -note address at the "Volunteer Africa" dinner and lecture event. Thank you to those of you who have joined us for this exciting evening and all your support in our Uganda initiatives.



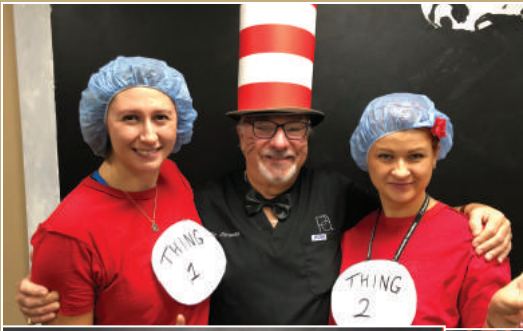
PA very much looks forward to continued collaboration with KIHEFO and the 6th annual outreach in July of 2019!



# parazzi



▲ PA Spa Day at St. Anne's



PA charters a plane! ▶



◀ Dr. Bobby Baig—Tough Mudder



PA Chauffeur ▶



▲ PA Bag in Italy



▲ PA Bag in Venice



◀ PA Halloween



United Colours of PA – Worldcup 2018 ▶



◀ Spectrum Day Toronto



▲ PA Halloween



▲ Women in Dentistry Appreciation Dinner hosted by Dr. Effie Habsha

◀ Canadian Conference on Global Health



# Where do you read Inside PA



Baku, Azerbaijan



Cape of Good Hope, South Africa



Cape Town, South Africa



Monteverde, Costa Rica



Komodo Island, Indonesia



Machu Pichu, Peru



Mekong Delta, Vietnam



Mont Tremblant, Quebec



Nashville, Tennessee