



Patient instructions for Intravenous Sedation and General Anesthesia

- Have absolutely NOTHING TO EAT OR DRINK (not even water) 8 hours prior to surgery.
- Medication you would normally take on the morning of your surgery, should be taken as scheduled, with a small sip of water, unless you have been told otherwise.
- No alcohol 24 hours before and no smoking for 2 weeks following surgery.
- Do NOT drive your own car or plan to ride public transportation after intravenous sedation or general anesthetic. Arrange for a responsible adult to arrive with you at our office, take you home after surgery and be with you once you arrive home.
- Wear loose fitting clothing (short sleeved shirt), a minimum of make-up, and avoid high heels and coloured nail polish.
- Please remove all jewelry.
- Please do not wear contact lenses.
- It is a requirement that a consent form be signed for all patients. If you are under 18 years of age, please arrive with you parent(s) or guardian who can sign the consent on your behalf.
- Please bring your health card or any other form of identification.
- If you are unable to keep your appointment please call our office immediately at 416-488-4225.
- PLEASE BRING YOUR HEALTH CARD